



Seegerstrom High School

2025 - 2026 Bell Schedules



Delayed Start Schedule

*Aug 18, Aug 25, Sep 8, Sep 22, Oct 13, Oct 20,
Nov 17, Dec 1, Jan 12, Jan 26, Feb 9, Feb 23,
Mar 9, Mar 16, Mar 23, Apr 13, Apr 27, May 18*

Per 0 7:30 - 8:24

Staff Planning 8:30 - 9:30

Per 1 9:35 - 10:21

Per 2 10:27 - 11:17

Per 3 11:23 - 12:09

1st Lunch

1st Sem - A, B, D

2nd Sem - C, E, PE

Lunch 12:09 - 12:44

Per 4 12:50 - 1:36

2nd Lunch

1st Sem - C, E, PE

2nd Sem - A, B, D

Per 4 12:15 - 1:01

Lunch 1:01 - 1:36

Per 5 1:42 - 2:28

Per 6 2:34 - 3:20